Research shows that young people are disproportionately affected by pregnancy, HIV and STIs.

- While the overall teen pregnancy rate has decreased over the past 10 years, roughly 822,000 women under the age of 20 became pregnant in 2000; 83% were unintended (The Guttmacher Institute, 2004).

- Although the rates for teen pregnancy have fallen for all races, the rates for African American and Latino youth (ages 15-19) in 2000 were at least twice the rates for white youth of the same age (CDC, 2004).

- In 2004, 47% of high school students reported having had sexual intercourse at least once and 34% reported being currently sexually active (CDC, 2004).

- During the year 2004, an estimated 4,833 young people were diagnosed with HIV or AIDS (CDC, 2004).

- Young women account for 40% of HIV infections among 13–24 year olds (CDC, 2004).

- African American youth have been most heavily affected, accounting for 55% of all HIV infections reported among 13–24 year olds (CDC, 2004).

- In 2000, youth ages 15-24 represented only 25% of the sexually experienced population in the U.S, but had 48% of all new STIs that year (CDC, 2004).

Resources

Research and resources available at:
www.HealthyTeenNetwork.org
Including: Kirby, D. Sex and HIV Education Programs for Youth: Their Impact and Important Characteristics
www.cdc.gov/std/stats/ado1.htm

Fact sheets on youth and HIV available at:
www.cdc.gov/hiv/resources/factsheets/youth.htm

Information on programs that work available at:
www.advocatesforyouth.org/programsthatwork/index.htm
www.advocatesforyouth.org/publications/jag/integrating.htm

Data and fact sheets about teen pregnancy prevention available at:
www.teenpregnancy.com
www.guttmacher.org
www.cdc.gov/nchs/datafactsheetsteenpreg.pdf

Integrating HIV, STI and Teen Pregnancy Prevention Education and Services

HEALTHY TEEN NETWORK
509 2nd Street NE
Washington, DC 20002
Phone: 202-547-8814
Fax: 202-547-8815
Info@HealthyTeenNetwork.org
www.HealthyTeenNetwork.org

To order more brochures, call Healthy Teen Network at 202-547-8814 or visit the Healthy Teen Network Web site at: www.HealthyTeenNetwork.org

Generously Supported by Johnson & Johnson Family of Companies
The Advantages

There are many advantages to integrating HIV, sexually transmitted infection (STI) and teen pregnancy prevention education and services for both youth and organizations.

Serving and Supporting Youth

• Youth receive a holistic approach to reproductive health.
• Youth generally view pregnancy and HIV/STI prevention as two sides of the same coin.
• Risk and protective factors that determine sexual risk taking behaviors are similar for both HIV/STIs and pregnancy.
• Activities that influence these risk and protective factors are similar.
• Young people can receive HIV/STI testing and treatment services without fear of stigma.
• Youth are treated respectfully and as a whole person; receiving guidance on a range of sexual health issues.

“Integrated approach means: Youth receive information on a full range of sexual health issues and protective behaviors, including abstinence and the use of contraception and condoms.”

Advancing Organizations

• Increases staff skills and knowledge;
• Limits duplication of efforts;
• Opens the doors to new funding streams; and
• Provides an opportunity to holistically address the health needs of youth.

Getting Started

1. Involve youth at all stages of message and program development, implementation and evaluation.
2. Cross-train staff on risk and protective factors related to HIV, STIs and unintended teen pregnancy.
3. Develop and promote consistent messages about the risk factors common to HIV, STIs and teen pregnancy.
4. Incorporate sexual health information into youth development programs.
5. Utilize integrated programs proven to be effective in changing behaviors that lead to HIV, STIs and pregnancy
   • Making Proud Choices!
   • Making a Difference!
   • Safer Choices
   • Reducing the Risk
6. Include both pregnancy prevention and HIV/STI prevention information in products, programs and services.
7. Disseminate information that addresses the full range of sexual health issues facing teens.
8. Provide resources and Web links on a full range of sexual health, prevention and treatment issues.

For more information or to request related trainings contact Healthy Teen Network at 202-547-8814 or visit our Web site at www.HealthyTeenNetwork.org.

Integrating Programs: HTN Training Opportunity

Selecting and Implementing Science-Based Programs: The Integration of HIV and Teen Pregnancy Prevention: Designed in partnership with the South Carolina Campaign to Prevent Teen Pregnancy and ETR Associates, this training assists practitioners in identifying and using the prevention program most suited for their priority population that integrates HIV, STI and teen pregnancy prevention, given available organizational resources. Four programs are thoroughly reviewed throughout the training. Trainees learn how to identify key program elements and select the best integrated program for their population.

At the completion of the two-day training, participants will be able to:

✓ Explain the basics of HIV transmission, effects on the body, prevention, testing and treatment;
✓ Identify the health education/behavior theories used in the design of each of the four integrated programs, including Making Proud Choices!, Making a Difference!, Safer Choices and Reducing the Risk;
✓ Identify the sexual risk-taking behaviors and corresponding determinants addressed in each of the four programs;
✓ Describe the learning activities in each of the four programs designed to affect the determinants of sexual risk-taking behaviors;
✓ Identify the populations for which each of the four programs are effective;
✓ Explain which of the four programs would best fit the needs of the populations you serve; and
✓ Assess the resources needed to implement the selected program for the populations you serve.