Welcome to the HECAT!

An online learning series by Valerie Sedivy
Healthy Teen Network

Overview of Modules

1. What is the HECAT, and how can it help me?
2. Building blocks of the HECAT: The Characteristics of Effective Curricula
3. Building blocks of the HECAT: The National Health Education Standards
4. A walk through the HECAT
5. Using topic-based modules to review curricula
6. What now? The HECAT review process and use of results
What is the HECAT, and how can it help me?

Valerie Sedivy
Healthy Teen Network

Module 1 in the HECAT Series

Assess a current curriculum

Strengths

Weaknesses

Compare “apples to apples”
Develop a new curriculum from scratch

Pull together content across grade levels

Elementary | Middle | High

Planning
Student Materials
Training
Resources

Plan
Acknowledgement

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For more help with the HECAT, contact Valerie Sedivy at Healthy Teen Network. Valerie@healthyteennetwork.org www.HealthyTeenNetwork.org

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