



Research Alliance Community Agreements

As members and partners of the Thrivology Research Alliance, we commit to informing the development of the needs assessment and research agenda, supporting the translation of research and creation of accessible resources, and amplifying dissemination efforts.

As we participate in the Research Alliance, we will...

Look for learning.

We do not come to the conversation as an “expert.” We will meet conversations with curiosity and wonder. This includes, but is not limited to:

- Asking clarifying questions,
- Giving ourselves permission to get messy, and
- Creating space for learning and failure.

Commit to using a trauma-informed and inclusive lens.

We commit to asking who or what is missing from the conversation and how that perspective might be included. This includes, but is not limited to:

- Creating a space for multiple truths and norms,
- Being willing to question the status quo,
- Using equity centered and intersectional lenses, and
- Saying things that are left unsaid in the room in a respectful way (i.e., make the invisible, visible).

Take care of ourselves in and outside of our work.

We acknowledge and understand that the topics we are discussing are heavy, and we commit to caring for our physical, mental, emotional, and spiritual selves. This includes, but is not limited to:

- Practicing self-care,
- Communicating in ways that feel best to me (e.g., verbally, through chat, camera off or on, etc.),
- Allowing ourselves breaks when talking about sensitive topics, and
- Making time and space to take care of ourselves when triggered.

Create a respectful community environment.

We will work to build a community of trust and be aware of power dynamics. This includes, but is not limited to:

- Making room for introverted and extroverted communication;
- Stepping up, stepping back;
- Assuming positive intent;
- Normalizing discomfort;
- Using direct, respectful language to explicitly express my needs and opinions rather than relying on implicit social cues; and
- Extending grace to one another.

Remember and center our goal.

We commit to expanding the delivery of trauma-informed and inclusive practices in adolescent sexual and reproductive health programming and care. This includes, but is not limited to:

- Centering youth voices;
- Looking for opportunities for collaboration, going beyond our tasks;
- Actualizing cross-sector collaboration for youth; and
- Creating time for the right conversation.