

CHARLIE BLUE BRAHM

HEALTHY TEEN NETWORK

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SKILLS & SUBJECT AREA EXPERTISE

Charlie Blue has over 6 years of experience conducting Human-Centered Design and field research with an emphasis on equitable stakeholder collaboration. Experience across nonprofit, higher education, and industry.

EDUCATION

UNIVERSITY OF WASHINGTON, SEATTLE, WA

MASTER'S IN HUMAN-COMPUTER INTERACTION + DESIGN, 2022

- Capstone project co-designed in partnership with local youth arts nonprofit Urban ArtWorks, focused on streamlining student & teacher learning reflections

CARNEGIE MELLON UNIVERSITY, PITTSBURGH, PA

BACHELOR'S OF SCIENCE IN ELECTRICAL AND COMPUTER ENGINEERING, 2018

- Graduated with University Honors

PROFESSIONAL EXPERIENCE

DESIGN RESEARCHER

HEALTHY TEEN NETWORK, CHURCHVILLE, MD

2023 - PRESENT

Lead a collaborative Human-Centered Design process to translate research on trauma-informed and inclusive care into practical, useful resources for adolescent sexual and reproductive health professionals, young people, and other trusted adults.

- Conduct extensive field research to fuel insights on user needs and gather feedback on prototypes through dozens of semi-structured and informal interviews, co-design sessions, focus groups, and surveys.
- Managed Human-Centered Design process and collaboration with an interdisciplinary Research Alliance across the first two years of the project.
- Led design and development of 9 innovative resources with a wide range of formats and subjects including workbooks on sex educator safety, a personality quiz for teens to learn their support style, elearnings on medical mistrust, workshop guides for data-driven community health discussions, and a card deck to facilitate conversations with young people about their health-related decisions.

HUMAN-CENTERED DESIGNER AND RESEARCHER

UNIVERSITY OF COLORADO BOULDER DIGITAL IDENTITY LAB, REMOTE

2022 - 2023

Partnered with a graduate student to assist two research projects on how identity is designed, represented, and experienced through technology.

- Conducted qualitative analysis of suicide bereavement social media support group posts, uncovering user interaction themes using open coding of 50 posts.
- Supported community-engaged research on end-of-life planning for online accounts by analyzing interviews and redesigning a digital asset inventory activity based on participant priorities.



PROGRAM MANAGER

MICROSOFT, REDMOND, WA

2018 - 2021

Led UX research and strategy for Application Control enterprise cybersecurity tooling.

- Conducted recurring weekly focus groups and participatory design sessions with 15+ IT professionals from large, high-risk external organizations such as hospitals and government entities.
- Derived insights from feedback to inform data-driven design recommendations for short-term product improvements and longer-term roadmap.

PUBLICATIONS

- Brahm, C. B., Davis, J., & Dean, R. (2026). *Team up! How families can work together to support teens' sexual health* [Interactive guide]. Healthy Teen Network. <https://www.healthyteennetwork.org/Thrivology/Resources/Family-Convos/Team-Up>
- Brahm, C. B., Davis, J., & Dean, R. (2026). *The "can we talk?" quiz* [Online quiz]. Healthy Teen Network. <https://www.healthyteennetwork.org/Thrivology/Resources/Family-Convos/Can-We-Talk>
- Connor, E., Brahm, C. B., Garrido, M., Desiderio, G., Dean, R., Chen, E., & Powell, T. W. (2026). *Iterative evaluation of a partnership model for research translation* [Manuscript submitted for publication]. Healthy Teen Network.
- Brahm, C. B. (2026). *How we partnered with sex educators to create tools that help you stay safer*. [Blog post]. Healthy Teen Network. <https://www.healthyteennetwork.org/news/how-we-partnered-sex-educators-create-tools-help-you-stay-safer/>
- Brahm, C. B., Rodriguez-Anello, J. B., Foyder, M., Dean, R. L., & Garrido, M. (2025). *Managing your personal information online: A starter guide for sex educators*. [Workbook]. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/managing-personal-information-online>
- Brahm, C. B. & Rodriguez-Anello, J. B. (2025). *Protecting yourself from hacking: A starter guide for sex educators*. [Tipsheet]. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/protecting-yourself-hacking>
- Brahm, C. B. & Natalie, P. (2025). *Supporting sex educator safety: A starter guide for managers* [Tipsheet]. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/supporting-sex-educator-safety>
- Brahm, C. B., Connor, E., Natalie, P. (2025). *What's the history behind medical mistrust in BIPOC young people?* [Elearning]. Healthy Teen Network. www.healthyteennetwork.org/resources/affirming-care/#BIPOC
- Brahm, C. B., Connor, E., Natalie, P. (2025). *What's the history behind medical mistrust in LGBTQ+ young people?* [Elearning]. Healthy Teen Network. www.healthyteennetwork.org/resources/affirming-care/#LGBTQ
- Brahm, C. B., Connor, E., & Natalie, P. (2025). *What is affirming care?* [Practice guide]. Healthy Teen Network. www.HealthyTeenNetwork.org/resources/affirming-care/#what
- Brahm, C. B., Connor, E., & Natalie, P. (2025). *How do I put affirming care into practice?* [Practice guide]. Healthy Teen Network. www.HealthyTeenNetwork.org/resources/affirming-care/#how
- Brahm, C. B., Garrido, M., Max, J., Roller, R., & Lloyd, L. (2025). *Numbers to narratives implementation guide*. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/Numbers-Narratives#Guide>
- Brahm, C. B., & Roller, L. (2025). *Numbers to narratives workshop 1 session guide*. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/Numbers-Narratives/#Workshops>
- Brahm, C. B., & Roller, L. (2025). *Numbers to narratives workshop 2 session guide*. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/Numbers-Narratives/#Workshops>
- Connor, E. S., Brahm, C. B., Max, J., & Garrido, M. (2025). *Numbers to narratives data storytelling guide*. Healthy Teen Network. <https://www.HealthyTeenNetwork.org/Thrivology/Resources/Numbers-Narratives/#Data>
- Brahm, C. B. (2025). *You don't need a rainbow flag to celebrate pride* [Blog post]. Healthy Teen Network. <https://www.healthyteennetwork.org/news/you-dont-need-rainbow-flag-celebrate-pride/>
- Piper, M., Brahm, C. B., Desiderio, G., Smith, A., Long-White, D., & Marshall, B. (2024). *Numbers to narratives, in real life* [Case study]. Healthy Teen Network. <http://www.healthyteennetwork.org/Thrivology/Resources/Numbers-Narratives>
- Brahm, C. B. (2024). *We're all needed in the fight to protect trans young people* [Blog post]. Healthy Teen Network. <https://www.healthyteennetwork.org/news/protect-trans-young-people/>



- Brahm, C. B. (2024). *Have fun, be safe: A provider's guide to supporting young people with multiple sexual partners* [Blog post]. Healthy Teen Network. <https://www.healthyteennetwork.org/news/supporting-young-people-with-multiple-sexual-partners/>
- Doyle, D. T., Brahm, C. B., & Brubaker, J. R. (2024). "I hate you. I love you. I'm sorry. I miss you." Understanding online grief expression through suicide bereavement letter-writing practices. *Proceedings of the ACM on Human-Computer Interaction*, 8(CSCW 1), Article 69. <https://doi.org/10.1145/3637346>
- Connor, E.S., Desiderio, G., Brahm, C.B., Garrido, M., Hernandez, C., LaBonte, K., Natalie, P., Piper, M., Sufrinko, N. (2024). *Seeds of healing installation do-it-yourself guide*. Healthy Teen Network. www.HealthyTeenNetwork.org/Thrivology/Resources/Seeds-of-Healing
- Connor, E.S., Desiderio, G., Brahm, C.B., Garrido, M., Hernandez, C., LaBonte, K., Natalie, P., Piper, M., Sufrinko, N. (2024). *Seeds of healing installation activity facilitation guide*. Healthy Teen Network. www.HealthyTeenNetwork.org/Thrivology/Resources/Seeds-of-Healing
- Brahm, C. B. (2023). *Anti-trans and anti-LGBTQ policies threaten the safety and well-being of young people* [Blog post]. Healthy Teen Network. <https://www.healthyteennetwork.org/news/protecting-the-well-being-of-lgbtq-young-people/>
- Brahm, C. B., Sufrinko, N., & Lloyd, L. (2023). *Healthy teen oracle card deck*. Healthy Teen Network. <https://www.healthyteennetwork.org/project/merck-return-to-care/>

PRESENTATIONS

- Brahm, C. B., & Rodriguez, J. B. (2025, October). *What's behind young people's medical mistrust?* Healthy Teen Network Conference. Atlanta, Georgia.
- Brahm, C. B., & Rodriguez, J. B. (2025, October). *Shaping your digital footprint: Take control of your personal information online!* Healthy Teen Network Conference. Atlanta, Georgia.
- Brahm, C. B.¹, & Connor, E.¹ (2024, November). *Numbers to Narratives: Using data to uplift stories, uncover needs, and build community readiness for comprehensive sex ed.* Healthy Teen Network Conference. Phoenix, Arizona.
- Brahm, C. B.¹, Powell, T.¹, & Breazeale, L. (2024, May). *What's right with you: The science of trauma-informed care.* [Webinar session]. In Solidarity We Rise Conference. Virtual.