

# DEBORAH CHILCOAT

## HEALTHY TEEN NETWORK

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## SKILLS & SUBJECT AREA EXPERTISE

Ms. Chilcoat skills include project management, training design and delivery, and technical assistance. Areas of expertise include evidence-based, innovative, and evidence-informed approaches, strategies, practices, interventions, and programs.

## EDUCATION

### THE PENNSYLVANIA STATE UNIVERSITY, CAPITAL COLLEGE, MIDDLETOWN, PENNSYLVANIA

MASTER OF EDUCATION, 2010

- Instructional systems design, instructional methods in training and development, program evaluation, technology in training, performance analysis, education research designs and leadership in work settings.

### UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE, ROTA, SPAIN

CONTINUING EDUCATION: SPANISH 111, 112, 114, 115, 1997-1998

- Completed written and verbal assignments to engage others in conversational Spanish.

### TOWSON STATE UNIVERSITY, TOWSON, MARYLAND

BACHELOR OF SCIENCE, PSYCHOLOGY AND MINOR IN WOMEN'S STUDIES, 1995

- Cum Laude; departmental honors in Psychology
- Introduction to psychology, abnormal psychology, behavioral statistics, experimental psychology, motivation and an independent investigation in psychology; Proctored for one semester.
- Women in perspective, economic issues of gender, sex differences: gender, gender identity in transition, women and sexuality, women's culture and creativity, and feminism.

## PROFESSIONAL EXPERIENCE

### SENIOR MANAGER, CAPACITY BUILDING & EVALUATION

HEALTHY TEEN NETWORK, BALTIMORE, MD

2016 - PRESENT

Manage capacity-building projects, including daily tasks and activities, budget management; quarterly, interim and annual reporting, evaluation and planning; design, develop and deliver training and technical assistance (TA) to organizations, government agencies, Healthy Teen Network members, and adult professionals working with a diverse audience of youth and young adults; write for Healthy Teen Network's blog *Under the Currents*.

- Manage a three-year contract with the State of Maryland for the *Maryland Optimal Adolescent Health Program* (MOAHP), a federally funded Tier 1 Teen Pregnancy Prevention Program (2020-2023); annual budget of \$659,000.
- Manage multiple contracts with Baltimore City Health Department, including:
  - *U Choose Community*, a three-year Tier 1 Teen Pregnancy Prevention project funded by the US Department of Health and Human Services Office of Population Affairs (2020-2023); annual budget of \$80,000.
  - *Map2Success-Expectant and Parenting Teens, Women, Fathers, and Their Families*, a project funded by the US Department of Health and Human Services Office of Population Affairs (2020-2021); annual budget of \$16,000.
- Managed a multi-year contract as part of the *Baltimore City U Choose Evidence-based Teen Pregnancy Prevention Program* (2015-2020); annual budget of \$162,000.
- Managed a two-year contract as part of *Map2Success-Expectant and Parenting Teens, Women, Fathers, and Their Families* (2018-2020); annual budget of \$75,000.



- Managed *Coppin Advocates, Researches, and Educates on Safer Sex (CARESS)*, a multi-year contract from Baltimore City Health Department as part of the Maryland Personal Responsibility Education Program (2017-2020); annual budget of \$10,000.

### SENIOR TRAINING AND TECHNICAL ASSISTANCE MANAGER

HEALTHY TEEN NETWORK, BALTIMORE, MD

2011-2016

Manage capacity-building projects, including daily tasks and activities, budget management; quarterly, interim and annual reporting, evaluation and planning; design, develop and deliver training and technical assistance (TA) to organizations, government agencies, Healthy Teen Network members, and adult professionals working with a diverse audience of youth and young adults; wrote for Healthy Teen Network's blog *Under the Currents*; coordinated the Healthy Teen Leadership Alliance.

- Managed a multi-year contract as part of the *Baltimore City U Choose Evidence-based Teen Pregnancy Prevention Program*; annual budget of \$124,900.
- Managed a multi-year human services contract as part of the *Baltimore City Teen Pregnancy Prevention Initiative for Youth in Out-Of-Home Placement* to develop a curriculum; annual budget of approximately \$50K.
- Managed a five-year \$2.3M cooperative agreement funded by the Centers for Disease Control and Prevention, *Integrating Services, Programs, and Strategies through Communitywide Initiatives*.
- Managed a Subrecipient Agreement as part of *The Child Sex Trafficking Victims Support Initiative*; Year 1 budget of \$30K.

### TRAINING & TECHNICAL ASSISTANCE MANAGER

HEALTHY TEEN NETWORK, BALTIMORE, MD

2009 - 2011

Managed education, training and technical assistance project aimed at increasing reproductive and sexual health knowledge and skills among Baltimore City youth. Designed and delivered education, training and technical assistance for various professional audiences throughout the United States.

- Managed the first year of a two-year project with Elev8 Baltimore, including managing one subcontractor.
- As part of a team, developed, adapted, and delivered training and technical assistance as part of CDC's capacity-building project called *Promoting Science-Based Approaches (PSBA)*.

### INSTRUCTIONAL DESIGNER & TRAINER

HEALTHY TEEN NETWORK, BALTIMORE, MD

2009 - 2009

Increased organizational capacity by designing and delivering training and technical assistance to maximize staff skills, and enhance program outcomes; collaborated with other national organizations to design and/or revise established training-of-trainers (TOT) on science-based pregnancy, STI, and HIV prevention programs as part of the CDC-PSBA project; delivered customized TA to clients; assisted in the development of evaluation tools and data analysis.

### TRAINING & TECHNICAL ASSISTANCE COORDINATOR

HEALTHY TEEN NETWORK, BALTIMORE, MD

2008 - 2009

Increased organizational capacity by designing and delivering training and technical assistance to maximize staff skills, and enhance program outcomes; used adult learning principles and theory to assess, design, develop, facilitate, and evaluate training for local, regional, and state organizations to increase organizational capacity, improve staff performance, and enhance program outcomes; collaborated with other national organizations to design and/or revise established training-of-trainers (TOT) on science-based pregnancy, STI, and HIV prevention programs as part of the CDC-PSBA project; delivered customized TA to clients.



## ADJUNCT FACULTY

HOWARD COMMUNITY COLLEGE, COLUMBIA, MD

2008 - 2008

Guided student learning by developing interactive learning modules and educational materials and conducting classes containing appealing and relevant content and activities. Also, assessed student's learning through experiential learning assignments and examinations.

## EDUCATION AND TRAINING SPECIALIST

PLANNED PARENTHOOD OF MARYLAND, BALTIMORE, MD

2004 - 2008

Provided education and training to professionals throughout Maryland and the Mid-Atlantic region on reproductive and sexual health; served on various advisory committees and co-chaired the Coalition for Healthy Youth in Howard County, MD; managed the volunteer program and PPM Speaker's Bureau including recruitment, selecting, orienting and monitoring performance; developed the Volunteer Policies and Procedures Manual and Individual Development Plan tool.

## OUTREACH/HEALTH EDUCATOR

PLANNED PARENTHOOD OF MARYLAND, BALTIMORE, MD

1999 - 2004

Conducted outreach and education for various audiences throughout Maryland on adolescent reproductive and sexual health; implemented evidence-based and innovative education programs throughout Maryland.

## PUBLICATIONS

- Dorval Hall, E., Watson-Faulkner, M., **Chilcoat, D.**, & Sedivy, V. (2020). Understanding the experiences of young fathers in Baltimore City. Baltimore: Healthy Teen Network.
- Dorval Hall, E., Watson-Faulkner, M., **Chilcoat, D.**, & Sedivy, V. (2020). Digital Focus group: Parents of co-parenting young parents. Baltimore: Healthy Teen Network.
- Dorval Hall, E., Watson-Faulkner, M., **Chilcoat, D.**, & Sedivy, V. (2020). Digital focus group: Co-Parenting. Baltimore: Healthy Teen Network.
- Dorval Hall, E., Watson-Faulkner, M., **Chilcoat, D.**, & Sedivy, V. (2019, December). Meet them where they're at: Understanding services available to young fathers in Baltimore City. Baltimore: Healthy Teen Network.
- Fluhr, J.D., Fenner, S.L., Barth, R.P., Becker, M.G., **Chilcoat, D.C.**, & Keith, J.L. (2019). Power through choices: My life, my choices (4th ed.). Baltimore, MD: Healthy Teen Network.
- Eisler, A. & **Chilcoat, D.** (2014). Making your logic model work for you. Baltimore, MD: Healthy Teen Network.
- Ashley, O. S., & **Chilcoat, D.** (2014). Classroom management. Washington, DC: Administration on Children, Youth and Families, Family and Youth Services Bureau.
- Fisher, D., Hannah, G., **Chilcoat, D.**, Desiderio, G., Ray, M., & Wandersman, A. (2014). A guide for technical assistance providers for promoting science-based approaches in teen pregnancy prevention. Baltimore, MD: Healthy Teen Network.
- Chilcoat, D.**, Martínez García, G., Eisler, A., Sedivy, V. & Desiderio, G. (2013). Sexual Health E-Learning: Assessment on Professional Development Opportunities for Educators. Baltimore, MD: Healthy Teen Network.

## TRAININGS & PRESENTATIONS

- Sedivy, V. & **Chilcoat, D.** (2019, November). Serving teen parents: Communication and co-parenting strategies. A training for home visitors in Ohio. Baltimore: Healthy Teen Network.
- Sedivy, V. & **Chilcoat, D.** (2019, June 10-13). Power through choices (4th ed) training of facilitators. A training for facilitators by Healthy Teen Network, Baltimore, MD.
- Chilcoat, D.** & Hassan-White, S. (2019, April). A candid conversation: The sexual and reproductive health and well-being of youth in foster care. A workshop presented at the Child Welfare League of America's 2019 National Conference "Advancing Excellence in Practice & Policy: Meeting the Challenge of the Family First Prevention Services Act" in Washington, D.C.



**Chilcoat, D.** (2018, May). Best practices for adolescent-friendly reproductive and sexual health services. A workshop for attendees of the Maryland Assembly on School Based Health Care's 2018 Annual Conference, "School Health + Supportive Networks = Thriving Students" in Columbia, MD.

**Chilcoat, D.** (2017, March 23). Getting to Outcomes®: Building your capacity & improving the health of youth. Training for staff and partners of Massachusetts Alliance in Lawrence, MA.

