



# Welcome to the HECAT!

An online learning series by  
Valerie Sedivy  
Healthy Teen Network


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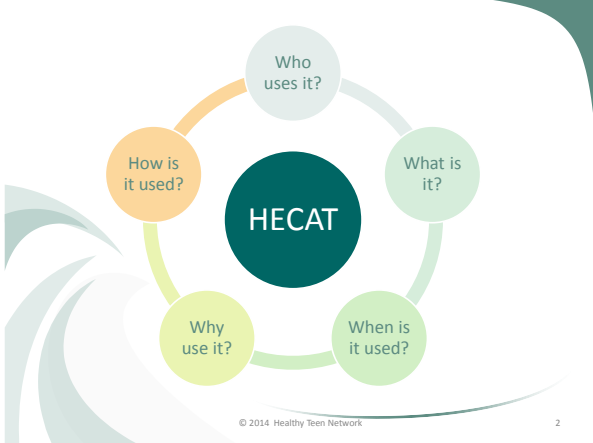
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- ## Overview of Modules
1. What is the HECAT, and how can it help me?
  2. Building blocks of the HECAT: The Characteristics of Effective Curricula
  3. Building blocks of the HECAT: The National Health Education Standards
  4. A walk through the HECAT
  5. Using topic-based modules to review curricula
  6. What now? The HECAT review process and use of results
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**What is the HECAT, and how can it help me?**



Valerie Sedivy  
Healthy Teen Network

Module 1 in the HECAT Series

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**Assess a current curriculum**



Strengths



Weaknesses

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**Compare "apples to apples"**




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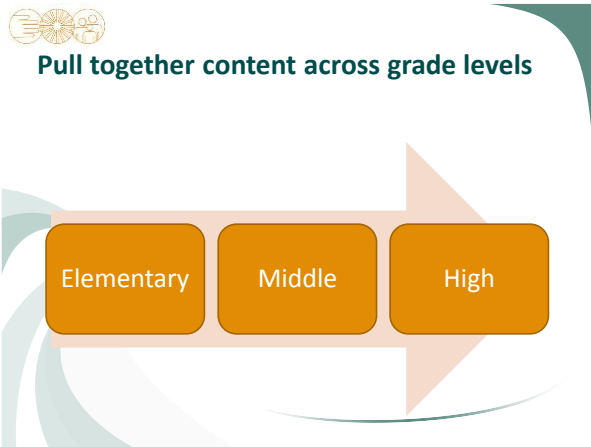
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**Summary: Many uses of HECAT**

Identify strengths and weaknesses

Compare curricula

Develop a new curriculum

Expand on what is already being offered

Planning and implementation

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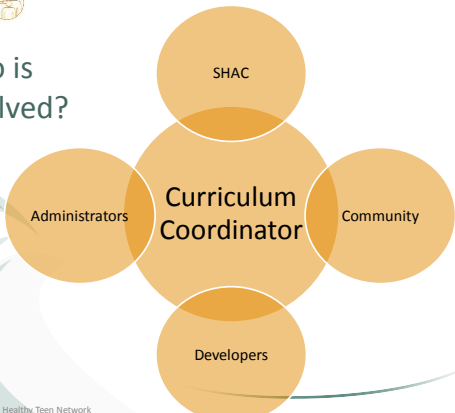
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**Who is involved?**



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### Acknowledgement

*This presentation was made possible by the Centers for Disease Control and Prevention, Division of Adolescent School Health (CDC-DASH) under cooperative agreement 1U87PS004175-01. The contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.*

*For more help with the HECAT, contact Valerie Sedivy at Healthy Teen Network.  
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[www.HealthyTeenNetwork.org](http://www.HealthyTeenNetwork.org)*

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