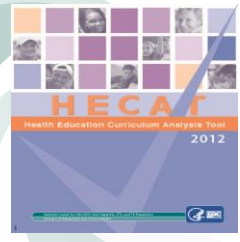


A walk through the HECAT

Valerie Sedivy
Healthy Teen Network

Module 4 in the HECAT Series



OVERVIEW

- CHAPTER 1
- CHAPTER 2
- CHAPTER 3
- CHAPTER 4
- CHAPTER 5
- CHAPTER 6
- TOPIC MODULES

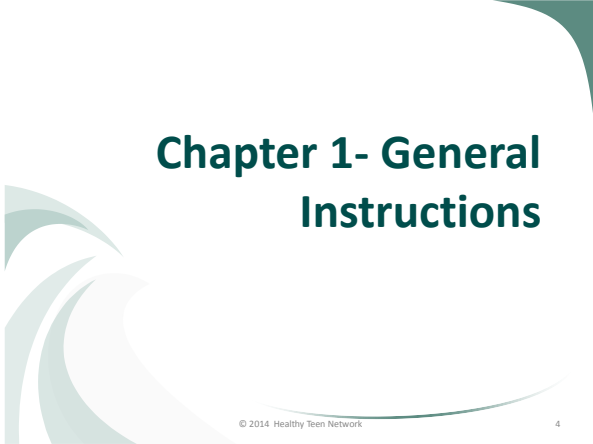


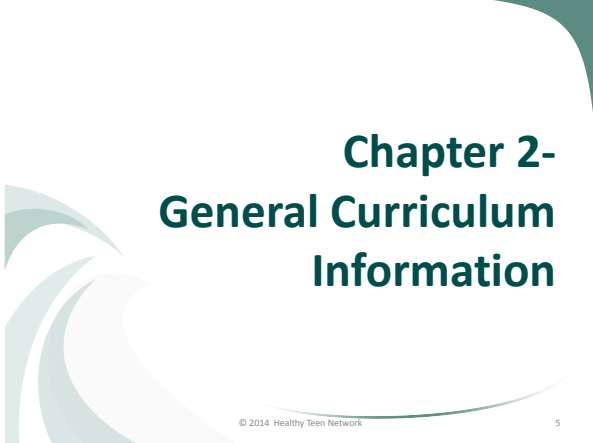
Overview

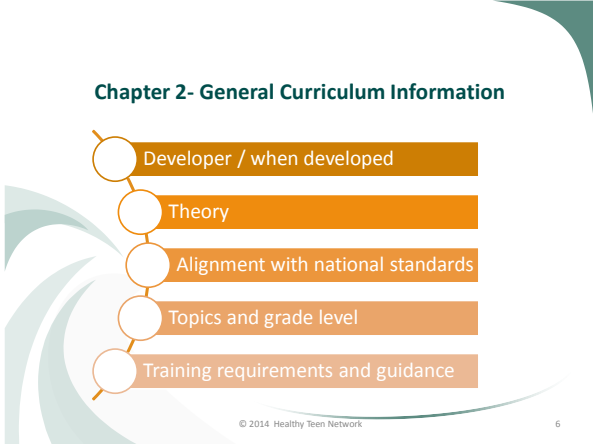
- Describes the intended users
- Explains why it was developed
- Lists characteristics of effective health education
- Lists the National Health Education Standards

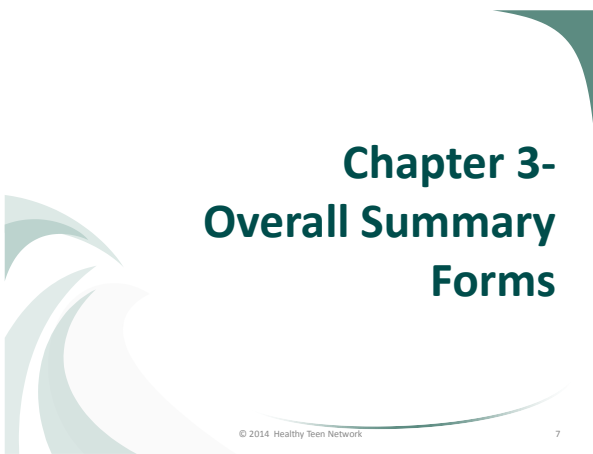


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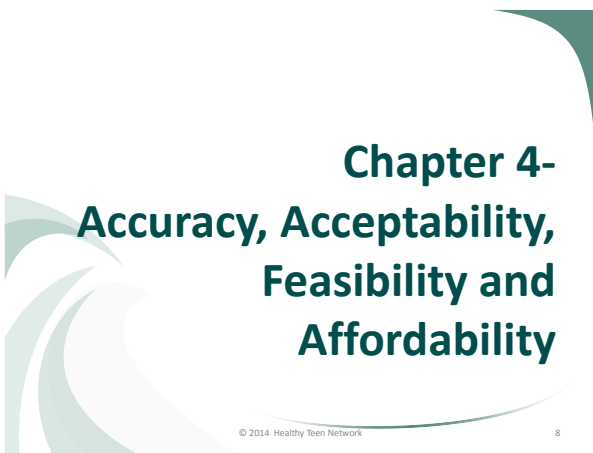






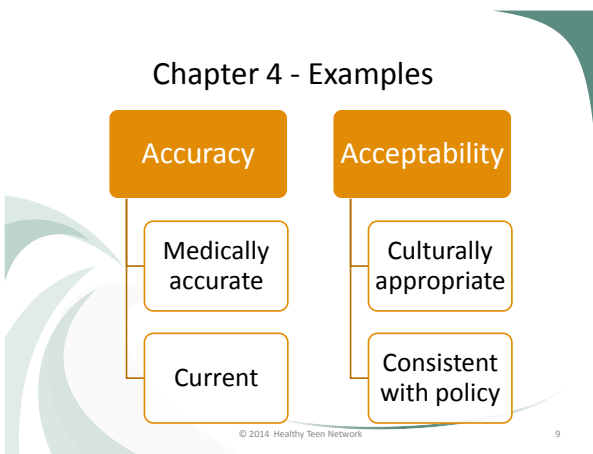
**Chapter 3-
Overall Summary
Forms**

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**Chapter 4-
Accuracy, Acceptability,
Feasibility and
Affordability**

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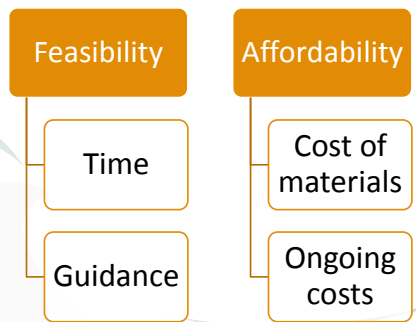


Chapter 4 - Examples

Accuracy	Acceptability
Medically accurate	Culturally appropriate
Current	Consistent with policy

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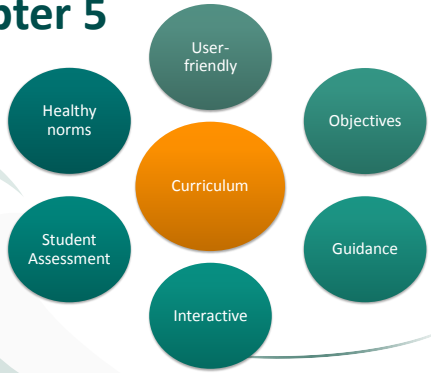
Chapter 4 - Examples



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Chapter 5



11



Chapter 6 and topic-based modules

- AOD (Alcohol and other drugs)
- HE (Healthy Eating)
- MEH (Mental and Emotional Health)
- PA (Physical Activity)
- T (Tobacco)
- S (Safety)
- **SH (Sexual Health)**
- PHW (Personal Health and Wellness)
- V (Violence Prevention)
- CHE (Comprehensive Health Education)

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Appendices


- 3- Skill expectations
- 4- Scope and sequence
- 6- Student Assessment

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OVERVIEW

- CHAPTER 1
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- CHAPTER 6
- TOPIC MODULES



Acknowledgement

This presentation was made possible by the Centers for Disease Control, and Prevention, Division of Adolescent School Health (CDC-DASH) under cooperative agreement 1U87PS004175-01. The contents do not necessarily represent the official views of the Centers for Disease Control and Prevention.

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