

LEVELING UP: PROVIDING CULTURALLY RELEVANT SEXUALITY EDUCATION

# #HEALTHYTEEN21



## Now What?



- Acknowledge what you do not know.
- Conduct a self assessment to examine your dispositional humility and cultural consciousness.







## Now What?



- · Participate in professional development.
- · Commit to learn more, expand your worldview.







## Now What?



- Apply an equity and inclusive lens in your teaching.
- Center the marginalized.







## Contact me!





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### 1. What Are Your Motivations?



# 2. Are You The Only Expert In The Room? Are You Willing To Learn From Your Students?



## 3. What Assumptions Have You Made About Your Students?



## 4. Have You Consulted The Community?



# 5. Become a Life Affirming Educator



### TEACHING SEX ED WITHOUT GETTING FIRED

Self Paced 5 Module Intensive

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Interest Form: tinyurl.com/savioredu

### Let's connect!



Instagram

@vagesteem



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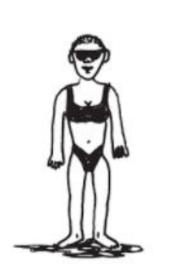












# 1. MAKE PRONOUN SHEETS (AND PASS THEM AROUND THE FIRST DAY)

### **GETTING TO KNOW YOU**

Student	s Name: _	
Pronoun	s:	
Do you v class?	vant me to	use these pronou
YES	NO	Let's Talk
With you	r family?	
YES	NO	Let's Talk
<b>VA</b> // (	lidava da v	ou celebrate?

#### For Teachers: How to Do Pronouns Better

(Or for anyone who interacts with young people)

- Kids may still be in the process of figuring things out. In fact, maybe we all are. But especially before college age, the question, "What's your pronoun?" might actually elicit tears.
- Why? Maybe they are transgender and wanting to pass, and you asking makes them feel like they don't signal the right pronoun to the world.
- Or maybe they just don't know yet and are on a journey of discovery, not at a place to share just yet, and the pressure of identifying is too much.
- · These are all valid experiences that should be honored.

Be aware that all school settings may not be a safe space to share.



Bullying is still a thing. Kids can be mean.



You can optionally share pronouns when exchanging names or using name tags, but always give people a way to opt out.



Ask privately, in a very neutral way. Like, in conversation, as the need for pronouns comes up. Kids say they prefer to have this convo one-on-one.

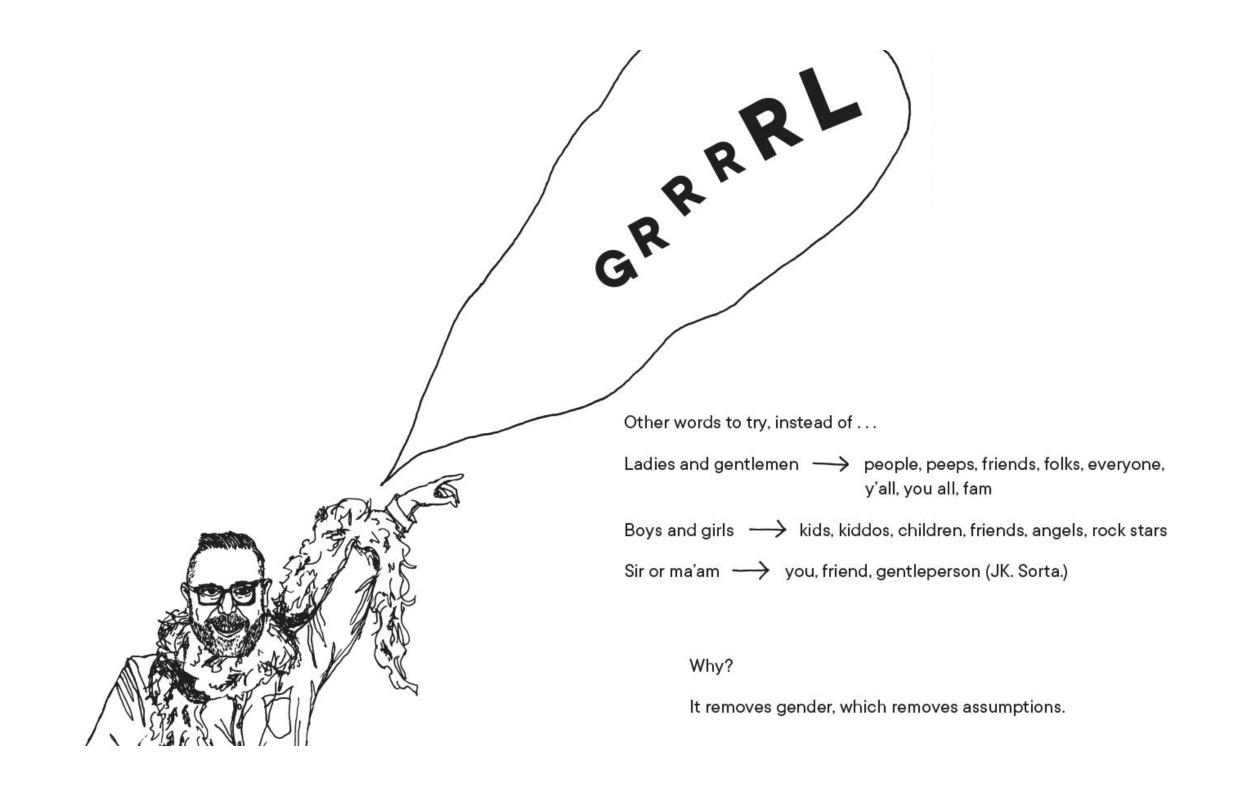


Pronoun circles may also not work so great for: shy ones, people who don't "look" GNC, and people who are not out publicly yet.



Don't single out a GNC person in public if you don't need to, including asking them their pronoun and gender identity in large groups. Watch for how their friends refer to them or how they refer to themselves.

### 2. THROW OUT BINARY LANGUAGE LIKE "LADIES AND GENTLEMEN," "BOYS AND GIRLS." (EVEN HE/SHE.)



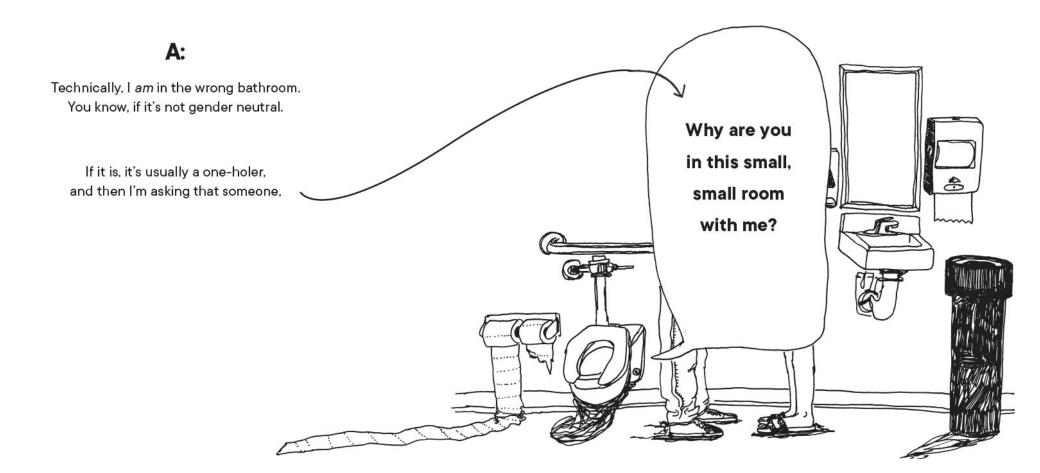
# 3. HAVE THE ROUGH CONVOS SO KIDS DON'T HAVE TO.

Kids shouldn't be on the front lines of fighting for a more inclusive world. But they are. Be an ally, use your voice. Adults should protect kids.

## 4. BATHROOMS CAN MEAN SAFETY.

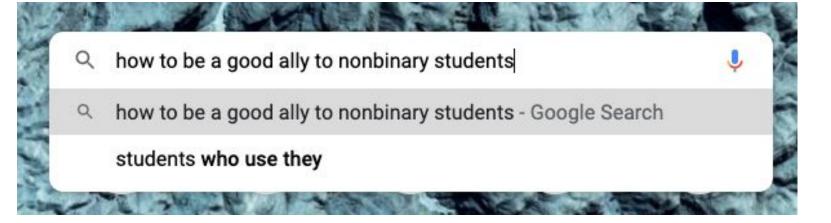
#### Q:

How do you respond to someone saying, "You're in the wrong bathroom"?



### 5. DO THE RESEARCH!





#### -JINKX MONSOON

winner of RuPaul's Drag Race

"Utterly cute and tremendously useful."

-ALOK VAID-MENON

author of Beyond the Gender Binary

"This book will give non-binary readers a sense of being profoundly seen, and everyone else the confidence to make the world that little bit safer for their non-binary friends, family, and colleagues."

-MEG-JOHN BARKER

author of Gender: A Graphic Guide and How to Understand Your Gender

> "This tender, smart, personal book is a gift."

> > -MICHELLE TEA

author of Modern Tarot and Valencia









"This is totally cool." - Eileen Myles, poet and author of Chelsea Girls



### A VISUAL GUIDE TO Nonbinary Pronouns and the World of Gender Fluidity



Stuart Getty Illustrated by Brooke Thyng



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Stuart

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**HEY/THE** 

