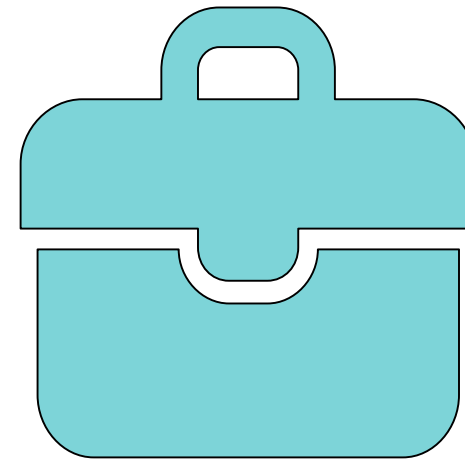
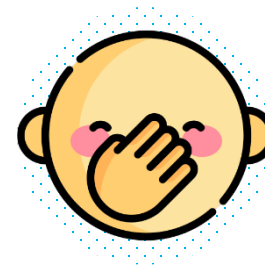
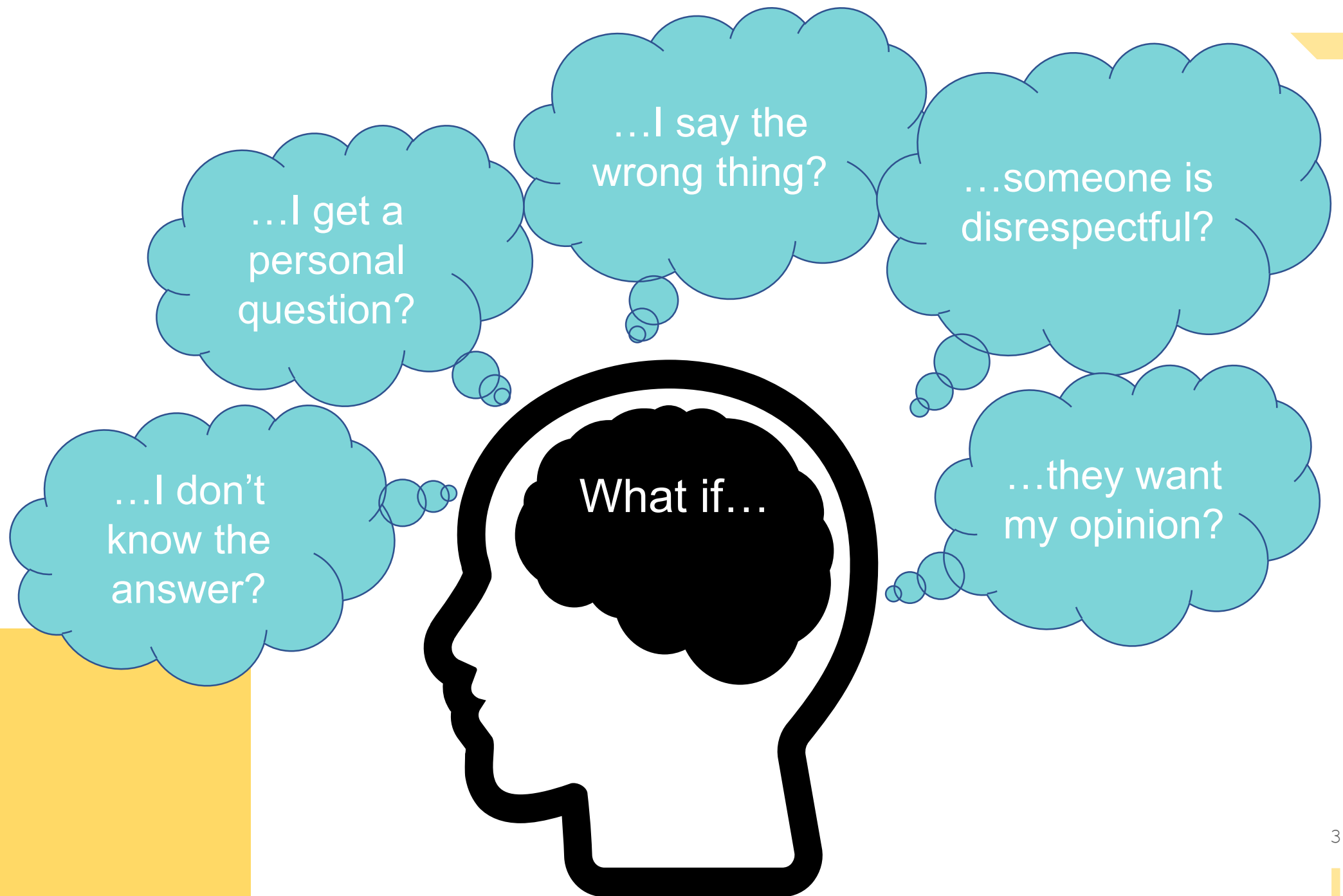


YOUR SEX ED STARTER KIT



Healthy Teen Network







4 'HOWS' YOU NEED IN YOUR STARTER KIT:



HOW TO
SET THE TONE

HOW TO
MAINTAIN
BOUNDARIES

HOW TO DISCUSS
VALUES

HOW TO BE
AFFIRMING



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How do we affirm a young person who is...

- a teen parent?
- Transgender?
- LGBTQ+?
- A victim of sexual abuse?

“You wouldn’t
want to be a teen
parent.”

WHICH
IS
BETTER?

“You’ll want to
take steps to
make sure you
have children only
if and when you
are ready.”

“I know you’re all
obsessed with
sex. Your
hormones are
raging at this
age.”

WHICH
IS
BETTER?

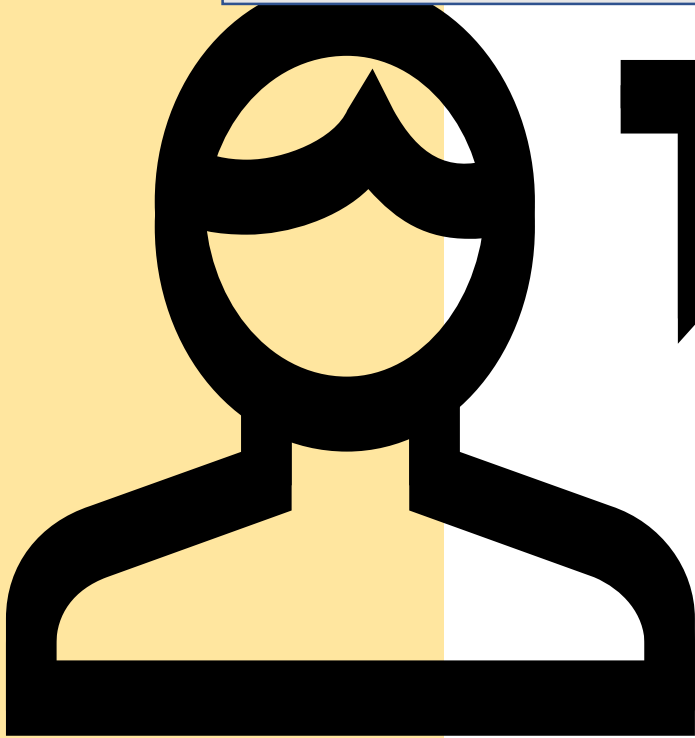
“No matter how
you’re feeling
now, one day
you’ll want to
know how people
can stay healthy if
they have sex.”

“Girls, you have to
be the brakes,
because boys are
the gas.”

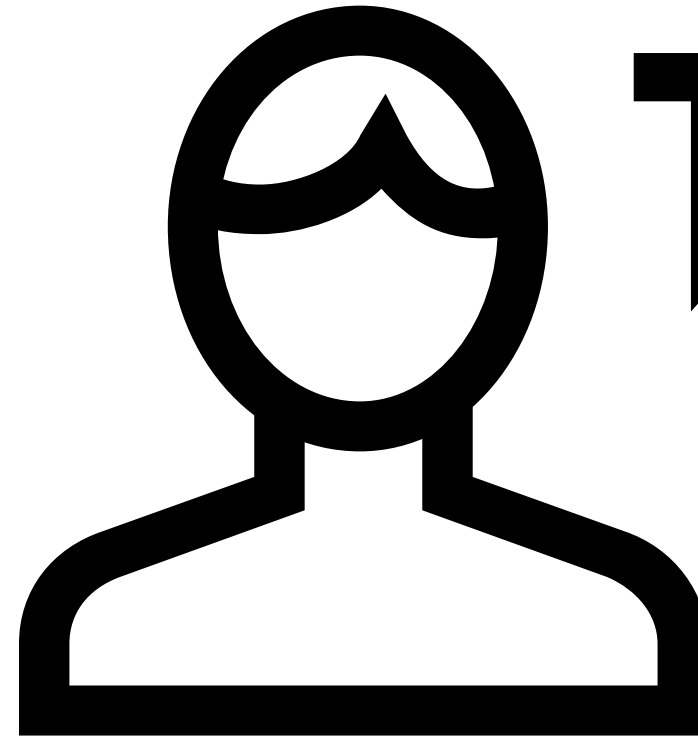
WHICH
IS
BETTER?

“People of all
genders can feel
pressured to have
sex. It’s important
to learn about
consent.”

Can you get someone
pregnant standing up?



Dude...it's not like you are
gonna get anyone pregnant.





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*“How old were you when
you first had sex?”*

“How old were you when you first had sex?”

THE QUESTION
BEHIND THE
QUESTION

UNIVERSAL
VERSUS
PERSONAL
VALUES

IMPLICATIONS
OF SHARING

THINGS TO
CONSIDER



“How old were you when you first had sex?”

THE QUESTION
BEHIND THE
QUESTION

WHAT ARE
THEY
REALLY
ASKING?



“How old were you when you first had sex?”

UNIVERSAL
VERSUS
PERSONAL
VALUES

UNIVERSAL
= ALWAYS
SHARE

PERSONAL
= ??



“How old were you when you first had sex?”

WHAT MIGHT
HAPPEN IF I
SHARE MY
PERSONAL
VALUES?

IMPLICATIONS
OF SHARING





OPTIONS

Turn it back
to them

Explore the
range of
beliefs

Share things
they should
consider



*“Do you think
abortion is wrong?”*

What are they really asking?

Is this a personal or universal
value?

What might happen if I share?

*“Is it OK to say
no?”*

What might be going on?

Is this a personal or universal
value?

What might happen if I share?



*“Do you like oral
sex?”*

Is this just a shock question?

What MIGHT they be asking?

What might happen if I share?



4 'HOWS' YOU NEED IN YOUR STARTER KIT:



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AFFIRMING



HOW TO
SET THE TONE

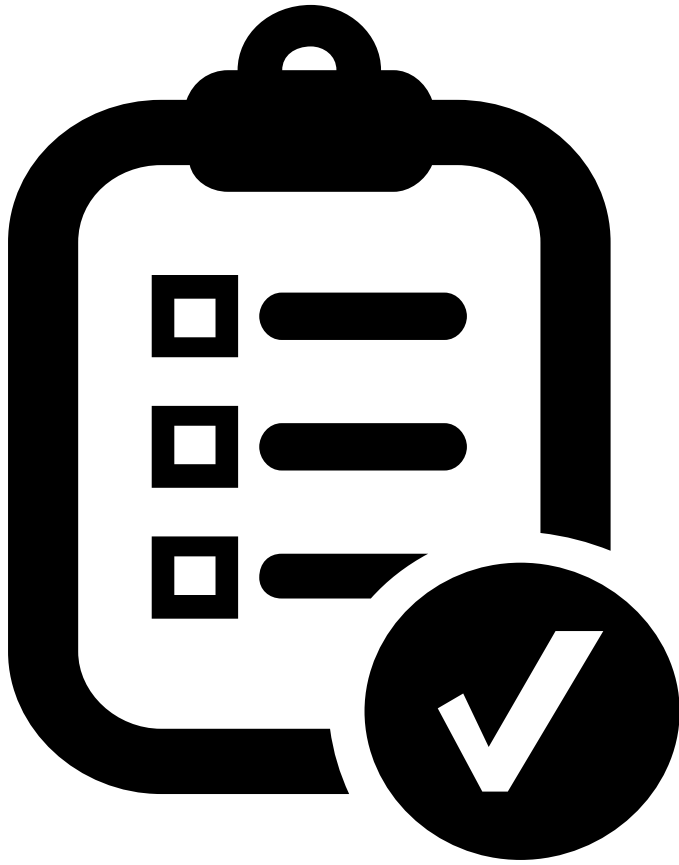
What and how will they be learning?

What is your connection?

What can they expect from you?

What assumptions are you making?





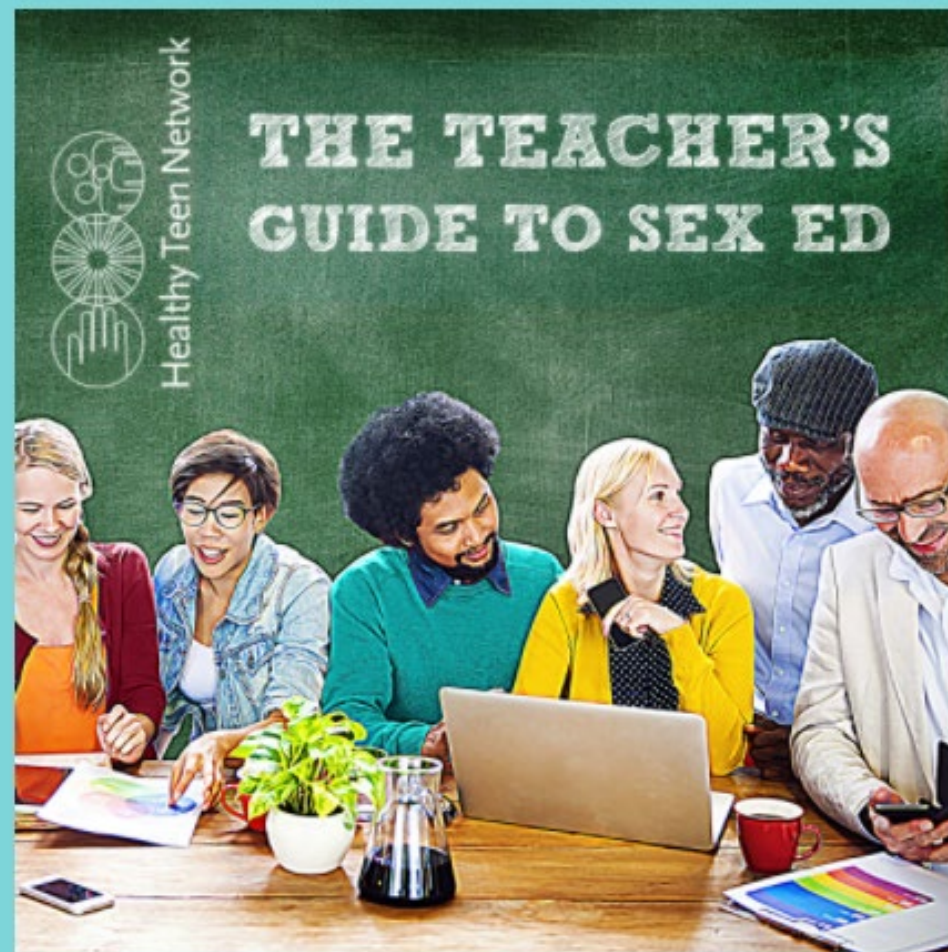
Group agreements

- ???
- Respect
- No personal questions



**BE HUMAN AND
SHOW YOU CARE.**

Professional Learning Standards for Sex Education





Let's Chat

HealthyTeenNetwork.org/ask

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