



**Get the Game**

Welcome to the world of Youth 360°, where we know that how & where we live, learn, & play matters.

Download Youth 360°: The Game, free, from Healthy Teen Network: [www.HealthyTeenNetwork.org/Youth360/Game](http://www.HealthyTeenNetwork.org/Youth360/Game).

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Prompts

There are 6 card categories. Four categories relate to the social-ecological health promotion model and the spheres of influence: individual, relationship, community, and societal. The final two categories are shortcuts and road blocks.

For cards with a correct answer, the correct response is highlighted in bold below.

**Individual Sphere**

* True or **False**: Health outcomes are predominantly the result of individual choices and behaviors.
* Share an example of one way a program has succeeded in being more inclusive of youth regardless of sexual orientation or identity.
* **True**/False: Research shows religiosity/spirituality can affect teen behavior.
* Which of these is/are relevant/ important for youth health outcomes:
  1. Sense of belonging
  2. Mutual obligation and respect
  3. Social and cultural norms
  4. Positive role models
  5. **All of the above**
* Which of these is NOT a benefit that occurs when teens are members of a group?
  1. Learn and practice new roles.
  2. **Achieve a sense of independence from their peers.**
  3. Shape their identity, interests, abilities, and personalities.
  4. Establish autonomy without the control of adults and caregivers.
  5. Value trust, loyalty, and self-disclosure.
* Share an example of how to support teens to use media smartly.
* Share an example of how to incorporate youth culture into learning opportunities.

**Relationship Sphere**

* Share an example of how schools can work with parents to promote sexual health for their students.
* Share an example of how you have engaged youth in your program development.
* Define authentic youth engagement.
* Name one evidence-based intervention that uses peer modeling or peer norms to promote positive behavior change***. (Safer Choices)***
* **True** or False: There are evidence-based mentor programs. **(e.g., Carrera Adolescent Pregnancy Prevention Program)**
* Share an example of a way you have tried to use technology to engage youth, and share the outcome (were you successful in engaging youth?).
* Peers are an important influence on behavior because…
  1. Peers have more influence than parents/caregivers in teen years.
  2. **Teens care about their status among peers.**
  3. Most teens trust their peers more than parents/caregivers.
* **True** or False: Research has shown that most teens who are sexually active in healthy romantic relationships have fewer delinquent behavior problems. **(University of Texas, Paige Harden)**

**Community Sphere**

* Share an example of a way you can expand the scope of your work to include a more holistic approach without moving away from your mission.
* Share an example of a way you want to integrate Youth 360° into your programs/services.
* Share an example of a way you have been able to address teen pregnancy/STI/HIV prevention and….substance abuse, suicide, *or* homelessness.
* Name one evidence-based intervention that addresses teen pregnancy/STI/HIV prevention and…substance abuse, mental health, ***or*** career attainment. ***(e.g., SHARP)***
* Name one creative response to food deserts.
* Identify a partner that you are working with *outside* of adolescent sexual and reproductive health (ASRH) to support ASRH.
* **True** or False: The zip code you live in can affect your life span.
* Share an example of how you provide referrals and linkages to care and other social services.
* Share an example of how you could provide transitional support, after care, or other support after youth complete or graduate from programs.
* Share an example of way you have tried to address issues of transportation for teens in your community, and share the outcome (were you successful in improving transportation?).
* Share an example of ways schools can work with community partners to enhance sexual health.
* Share an example of how you have been able to work collaboratively with faith-based organizations.
* Share an example of how you have been able to work collaboratively with law enforcement. Share an example of how you have worked collaboratively with recreational centers
* Share an example of how you have worked collaboratively with nurses, clinics, or hospitals.
* Share an example of how you have worked collaboratively with deportation centers.
* Which of these factors is the LEAST important in encouraging adolescents to seek out clinical services?
  1. Proximity
  2. Affordability
  3. Youth-friendliness
  4. **Teens-only**
* Which of these is the least critical factor to consider when serving youth?
  1. Their neighborhood
  2. Their access to services and care
  3. Their support network
  4. **Genetics**
* Share an example of how you integrate Youth 360° into your programs/services.
* Share an example of a way you’ve seen a program promote access to services.
* Share an example of a youth- or minority-friendly policy in your work place.
* Share an example of an organizational policy that supports engaging and involving young men.

**Societal Sphere**

* **True** or False: You can talk about pregnant and parenting teens without conflicting with a prevention message *and* without shaming, blaming, or stigmatizing them.
* Share an example of how you have framed teen pregnancy positively, inclusive of pregnant and parenting teens.
* Share an example of a policy that encourages pregnant and parenting teens to stay in school.
* **True** or False: Teen pregnancy/STI/HIV prevention is a social justice issue.
* **True** or False: The way that we frame teen pregnancy impacts people’s motivation to support youth.
* Share an example of an institutional policy that hinders youth access to services.

**Road Blocks**

* **Road Block:** You decided not to participate in your community youth coalition because you thought their agenda was not relevant to the mission of your organization.
* **Road Block:** You have no mechanism in your setting for hearing youth feedback.
* **Road Block:** Your organization promotes messages about teen pregnancy in terms of its costs and consequences for communities and societies.

**Shortcuts**

* **Shortcut:** You work with business leaders to design a job shadowing program for your youth.
* **Shortcut:** You have an established partnership with the local transportation department to equip buses with child seats to transport pregnant and parenting teens to school.
* **Shortcut:** You have been able to build a strong partnership with the faith-based organizations in your community.
* **Shortcut:** Your Board/Staff reflect your priority population demographically and culturally.