



Welcome to the world of Youth 360°, where we know that how & where we live, learn, & play matters.

GET THE GAME

Download Youth 360°: The Game, free, from Healthy Teen Network:
www.HealthyTeenNetwork.org/Youth360/Game.

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PROMPTS

There are 6 card categories. Four categories relate to the social-ecological health promotion model and the spheres of influence: individual, relationship, community, and societal. The final two categories are shortcuts and road blocks.

For cards with a correct answer, the correct response is highlighted in bold below.

Individual Sphere

- True or **False**: Health outcomes are predominantly the result of individual choices and behaviors.
- Share an example of one way a program has succeeded in being more inclusive of youth regardless of sexual orientation or identity.
- **True**/False: Research shows religiosity/spirituality can affect teen behavior.
- Which of these is/are relevant/ important for youth health outcomes:
 - a. Sense of belonging
 - b. Mutual obligation and respect
 - c. Social and cultural norms
 - d. Positive role models
 - e. All of the above**
- Which of these is NOT a benefit that occurs when teens are members of a group?
 - a. Learn and practice new roles.
 - b. Achieve a sense of independence from their peers.**
 - c. Shape their identity, interests, abilities, and personalities.
 - d. Establish autonomy without the control of adults and caregivers.
 - e. Value trust, loyalty, and self-disclosure.
- Share an example of how to support teens to use media smartly.
- Share an example of how to incorporate youth culture into learning opportunities.

Relationship Sphere

- Share an example of how schools can work with parents to promote sexual health for their students.
- Share an example of how you have engaged youth in your program development.
- Define authentic youth engagement.
- Name one evidence-based intervention that uses peer modeling or peer norms to promote positive behavior change. (**Safer Choices**)
- **True** or **False**: There are evidence-based mentor programs. (e.g., **Carrera Adolescent Pregnancy Prevention Program**)
- Share an example of a way you have tried to use technology to engage youth, and share the outcome (were you successful in engaging youth?).
- Peers are an important influence on behavior because...
 - a. Peers have more influence than parents/caregivers in teen years.
 - b. Teens care about their status among peers.**
 - c. Most teens trust their peers more than parents/caregivers.
- **True** or **False**: Research has shown that most teens who are sexually active in healthy romantic relationships have fewer delinquent behavior problems. (**University of Texas, Paige Harden**)

Community Sphere

- Share an example of a way you can expand the scope of your work to include a more holistic approach without moving away from your mission.
- Share an example of a way you want to integrate Youth 360° into your programs/services.
- Share an example of a way you have been able to address teen pregnancy/STI/HIV prevention and....substance abuse, suicide, or homelessness.
- Name one evidence-based intervention that addresses teen pregnancy/STI/HIV prevention and... substance abuse, mental health, or career attainment. (e.g., **SHARP**)
- Name one creative response to food deserts.
- Identify a partner that you are working with *outside* of adolescent sexual and reproductive health (ASRH) to support ASRH.
- **True** or **False**: The zip code you live in can affect your life span.
- Share an example of how you provide referrals and linkages to care and other social services.
- Share an example of how you could provide transitional support, after care, or other support after youth complete or graduate from programs.
- Share an example of way you have tried to address issues of transportation for teens in your community, and share the outcome (were you successful in improving transportation?).
- Share an example of ways schools can work with community partners to enhance sexual health.
- Share an example of how you have been able to work collaboratively with faith-based organizations.
- Share an example of how you have been able to work collaboratively with law enforcement. Share an example of how you have worked collaboratively with recreational centers
- Share an example of how you have worked collaboratively with nurses, clinics, or hospitals.
- Share an example of how you have worked collaboratively with deportation centers.

- Which of these factors is the LEAST important in encouraging adolescents to seek out clinical services?
 - a. Proximity
 - b. Affordability
 - c. Youth-friendliness
 - d. Teens-only**
 - Which of these is the least critical factor to consider when serving youth?
 - a. Their neighborhood
 - b. Their access to services and care
 - c. Their support network
 - d. Genetics**
 - Share an example of how you integrate Youth 360° into your programs/services.
 - Share an example of a way you've seen a program promote access to services.
 - Share an example of a youth- or minority-friendly policy in your work place.
 - Share an example of an organizational policy that supports engaging and involving young men.
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Societal Sphere

- **True** or False: You can talk about pregnant and parenting teens without conflicting with a prevention message *and* without shaming, blaming, or stigmatizing them.
 - Share an example of how you have framed teen pregnancy positively, inclusive of pregnant and parenting teens.
 - Share an example of a policy that encourages pregnant and parenting teens to stay in school.
 - **True** or False: Teen pregnancy/STI/HIV prevention is a social justice issue.
 - **True** or False: The way that we frame teen pregnancy impacts people's motivation to support youth.
 - Share an example of an institutional policy that hinders youth access to services.
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Road Blocks

- **Road Block:** You decided not to participate in your community youth coalition because you thought their agenda was not relevant to the mission of your organization.
 - **Road Block:** You have no mechanism in your setting for hearing youth feedback.
 - **Road Block:** Your organization promotes messages about teen pregnancy in terms of its costs and consequences for communities and societies.
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Shortcuts

- **Shortcut:** You work with business leaders to design a job shadowing program for your youth.
- **Shortcut:** You have an established partnership with the local transportation department to equip buses with child seats to transport pregnant and parenting teens to school.
- **Shortcut:** You have been able to build a strong partnership with the faith-based organizations in your community.
- **Shortcut:** Your Board/Staff reflect your priority population demographically and culturally.